

**ESSEX COUNTY EXECUTIVE DIVINCENZO INVITES ESSEX SENIORS  
TO ATTEND 12<sup>th</sup> ANNUAL ESSEX COUNTY SENIOR WELLNESS DAY**  
*Free Event Will Provide Health Screenings, Information, Entertainment,  
Bagged Produce, Free Admission to Turtle Back Zoo and Flu Shots*

**West Orange, NJ** – Essex County Executive Joseph N. DiVincenzo, Jr. invites all Essex County senior citizens to attend the **12<sup>th</sup> Annual Essex County Senior Wellness Day**. This free event, which is sponsored by AAA and ShopRite, will be held as follows:

**Date:** Tuesday, September 26, 2017  
**Time:** 10 a.m. to 2 p.m.  
**Place:** Essex County South Mountain Recreation Complex  
Essex County Richard J. Codey Arena at South Mountain  
560 Northfield Avenue  
West Orange, NJ

“We are planning a fun-filled day of activities and will be providing a great deal of valuable information that will benefit seniors. Our Essex County Senior Wellness Day will offer nutrition information, exercise tips, entertainment and flu shots,” DiVincenzo said. “It’s important for our seniors to know about the various programs and services that are available, and this one-stop event makes it convenient for them to do that. I invite our older residents to come out, have a good time and learn about what’s available that can help them improve their quality of life,” he added.

The Essex County Senior Wellness Day is free and open to all seniors residing in Essex County. Health screenings information about nutrition and exercise demonstrations will be available. Various Essex County agencies, including the Division of Senior Services, will have representatives on site to talk about available programs for which seniors are eligible. Also participating are area hospitals, senior day care facilities, local nursing homes and other social service providers.

Musical entertainment will be provided. All seniors will receive free refreshments and bagged produce. Admission to Turtle Back Zoo on the day of the event is free for seniors, but Carousel and Pony rides are \$2 each and feed sticks at the Outback Adventure Aviary are \$2.

For transportation to the event, please call 973-618-1280. For more information about the Essex County Senior Wellness Day, please call 973-621-4400.



*"We look forward to welcoming our Essex County Seniors at the 12<sup>th</sup> Annual Essex County Senior Wellness Day. We will be offering information about programs and services available for seniors, the benefits of exercise and good nutrition, plus music and entertainment."*

*- Joseph N. DiVincenzo, Jr.*



**Joseph N. DiVincenzo, Jr., Essex County Executive  
And The Board of Chosen Freeholders**

Invite you to attend

**The 12<sup>th</sup> Annual**

**Essex County**

**Senior Wellness Day**



**\*\* FOR ESSEX COUNTY SENIORS ONLY \*\***

**Free Event!!**

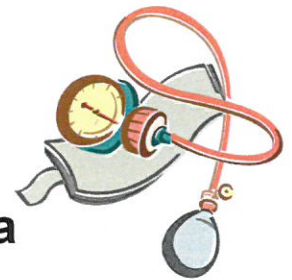
**Tuesday, September 26, 2017**

**10 a.m. to 2 p.m.**

**Essex County Richard J. Codey Arena**

**560 Northfield Avenue**

**West Orange, NJ**



**For information, call 973-621-4400**

**For transportation, call 973-618-1280**

*Health Screenings \*\*\* Musical Entertainment \*\*\* Dancing \*\*\* Free Food  
Farmers Market (bagged produce) \*\*\* Exercise Demonstrations  
Valuable Information \*\*\* Free Admission to Turtle Back Zoo for All Seniors*

*Putting Essex County First*